

# You Are Never Alone



Treasured words of divine  
inspiration as given to  
FR. JOHN WOOLLEY

Welcome to this new booklet of inspiring words  
received from Our Lord in times of prayer by

**Fr. John Woolley**

**You Are Never Alone**

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*These words of hope are drawn from  
the various books of "heart-whispers"  
from the Lord to John Woolley:*

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Abide In My Love

My Burden Is Light

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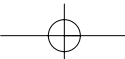
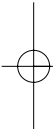
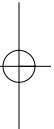
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# You Are Never Alone

Treasured words of divine  
inspiration for everyone  
as given to  
Fr. John Woolley

"THE I AM WITH YOU FOUNDATION"

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# *My Prayer For You*

*May the Lord Jesus Christ speak  
to your heart, repeatedly, through  
His words in this book.*

*May He greatly bless you, and  
each day draw you closer to  
Himself.*

*John A. Woolley*

## Prayer Before Reading

Lord Jesus, as I read Your word,  
help me to shut out all thoughts  
but the thought of You.

As I receive Your word,  
I know that I am receiving Yourself ...  
to become more and more part of me.

As I receive You,  
I receive Your calm, Your courage,  
Your joy, and Your love for others.

**Thank You, Lord Jesus.**

*M*y child, come . . .

Come ... with that sense of helplessness or  
insecurity ...

Come ... when things are overwhelming...

Come ... simply to let My love *feed* you ...

The look to My love! . . .

dispersing fear;

dispersing that needless sense of guilt;

dispersing all turbulence of the spirit;

dispersing loneliness;

dispersing dread of the future;

dispersing regret;

dispersing sorrow;

dispersing any sense of rejection;

Is it not a wonderful thought that I can fulfil any  
need for you? Keeping the sense of My love is  
the secret!

**I am He who comforts you.**

(Isaiah 51:12)

*M*y child, everything which I allow in your life is something for which you can thank Me. You are blest to know this ... only My Spirit can reveal it to you. You can take full advantage of the *opportunities* in each situation.

Upon your past, present and future My wisdom is brought to bear ... a wisdom springing from My concern for you. To find your joy in Me in all situations must be learned *quickly*. At times of great uncertainty be *especially sure* of My activity for you. You can, therefore, go on thanking Me all the time ... let the world see in you the patience and cheerfulness of the heart which looks to Me for everything; let it see what My victory over evil has achieved.

All the things after which men strive are not worthy to be set beside possessing *Me*.

**I am your great reward.**

(Genesis 15:1)



*M*y child, never be so overwhelmed by life's reverses that you fail to reach out, *immediately*, to Me.

Disappointments, great sorrows, can be made so much worse – seemingly beyond help – if the instinctive reaching-out is forgotten. Be so attuned to My presence that *every* experience is shared with Me, reaching out before bitterness or despair become established.

Learn to see My love enfolding every hurt; in *some* way My love is bringing about that which one day you will see as a cause for thanksgiving. Anything other than peace is not My will for you! Refuse to wander from that known way, moving, firmly, towards the wonderful things which I have planned for you.

Because you are surrendered to Me, I share all your experiences. My victory is absolute, and you can be sure of heading towards fulfilment of all your spiritual ambitions. My child, I thank you for your growing love towards Me.

**I revive the spirits of the humble.**

(Isaiah 57:15)

*A* sense of 'lightness' ... burdens *really* given over to Me! What you are able to do for Me must never be affected by what you are carrying needlessly - failing to trust My power and My wisdom. How much suffering is caused by lack of trust - a suffering which I am forced to share, as I long for the partial to become perfect in you.

See the relationship between trusting and peace. I am able to bring about that which is above all you could possibly envisage. Reflect more upon My greatness! ... when burdened, turn to My *greatness*, and receive the strength and renewal you need - without question.

Do not take back any of the matters which you have committed to Me ... I, your Lord, am aware of every recurring doubt, but deep within you, there is bound to be the growing certainty of *attainment* ... My plans for you *are* being perfected.

**Do not be concerned about tomorrow.**

(Matthew 6:34)

*I*t is My Spirit in you which whispers “All is well” when life’s fluctuations seem to proclaim a loveless creation. My Spirit is your *light*, unseen by the world, but with effects unmistakable in a life which can rise above everything which is limiting. My light beckons you forward ... do not look back with regret or self-pity.

Your hopeful look towards Me is really your assent to all that I am doing in your heart. Although you may not always see this work occurring, it has assured consequences. Ensure that My Spirit’s working is unfettered and continuous by that unwavering *desire* for Me ... and by that *absolute* trust in my promises.

Be, in the truest sense, a child of the Spirit! For such a child, everything which is at present tangled, or fear-provoking, *must* be made right.

Whatever may be happening around you, always rejoice that you are in My care. This is the true and only antidote to the fears of mankind.

**My Spirit will never leave you.**

(Isaiah 59:21)

*M*y child, regret nothing that you feel you have missed in life, thus far.

I will always more than make up for everything as you are careful to consciously dwell in My love.

I will never be denied in My desire to bless a child who trusts Me, at whatever stage of his or her life.

You know that you have all eternity to enjoy what I see as important for you.

Any blessings will be so much more satisfying after the delays and deprivations.

**I Myself am your wealth!**

(Numbers 18:20)

**D**ISTURBANCE of spirit can be caused both by painful present circumstances and by memories equally painful.

I have provided for you to look away from whatever distresses you, and to look, instead, into My countenance. I wish this change of focus from darkness to light to become natural for you.

My child, you are learning that My love always carries peace with it. The more you give yourself to My love (*casting yourself upon it*) the less troubled will be your spirit by any matter.

**If only you had known  
what would bring you peace...**

(Luke 19:42)

*M*y child, use the time when the temptation to despair is very great to look *only* at My promises.

Bring against the despair My promise, above all, that present sorrow *will* be turned into joy for you.

It is of the nature of *real* trust when you believe the best in Me, that a situation is receiving My attention with no tangible sign to believe this is so.

My child, if this is where you are at present, still express your trust, knowing that it will be fully justified.

## **The Lord is faithful to all His promises**

(Psalm 145:13)

**B**e even more sure of My working when you are blindly trusting and are refusing all impulses to manipulate events yourself.

Helping to make conditions right for Me to bring about My perfect will.

If you are content to act only upon My prompting, then the times of waiting trustingly will be times when peace can descend upon you. Peace in the knowledge that straight away I am bringing some good for you from present circumstances.

Then, as a result of My continual working, an eventual *perfect* solution. My child, can you see My *working* as the secret of being at peace, even at times of great trial?

**The water I give you is a well which  
springs up into eternal life**

(John 4:13)

**B**ecause I already see the best possible outcome from every situation of yours, I want you to have more and more of *My* mind.

This means that you will await patiently the sure results of *My* good influence.

Waiting need not be difficult if you thankfully tell *Me* that every matter is indeed in *My* hands. There will then be a growing harmony between your spirit and *My* own.

I will always honour your giving of circumstances to *Me* by touching the *real* causes of present need.

Yes, *My* child, answering your prayers in the best possible way.

**Be still before the Lord and  
wait patiently for him**

(Psalm 37:7)



When peace temporarily leaves you, remain, consciously, in the shelter of My love, attempting nothing.

The priceless gift of peace will then return deep into your being, as you ensure that I am your only concern.

It is only when peace reigns that you can look upon what is distressing in present concerns as of no *lasting* importance. You are then looking upon the various manifestations of the world with My eye of truth.

**Come, and rest for a while**

(Mark 6:31)

*M*y child, you must realise that if you spend much time absorbing My love you are *made strong*.

This is one of the many changes in you which living in My love brings about. You then confront situations with the ability to overcome taken for granted. Yes, using what is yours, rather than seeking desperately for strength.

The principal challenges for My followers are: the overcoming of temptation and wrongdoing, the overcoming of ways of weakness and (very importantly) the overcoming of fear.

Simply believe that for the demands of life you have become a stronger person ... just by living with Me.

**Whoever overcomes will  
inherit all things**

(Revelation 21:7)

*M*y child, you will have discovered from My words to you that refusing all troubling of spirit needs to be *immediate*.

Let the thought of my love be uppermost, let it be *all*, as I take all anxiety and fret into that love.

Surrendering to My love, you can then be sure of My working in all things for your good. This is so that you may indeed be unburdened!

You will find, in all aspects of life, that nothing is asked of you except that child-like surrender of yourself into My arms.

My child, the frequent whispering to Me of 'Only You, Lord' and 'Only Your Love'.

**He is my refuge and my fortress**

(Psalm 91:2)

*y*our *appreciation* of Myself ... this is the key to appreciating what is of true worth in your world.

I am reflected in so many things, but this reflection can be missed if there is not the basic devotion to Myself. In many things there is only a partial reflection due to the inroads and spoiling activity of forces opposed to Me.

The lesson to be learned is never to be dazzled by any manifestation of creation other than that of My person.

As you keep centred upon Me, I will always light up for you that which can be trusted, that which can be responded to, in the material world.

My light is to dispel for you both interior darkness and all that surrounds you, in which the Divine presence has been obscured.

## **I am the Light of the World**

(John 8:12)

*M*y child, you are indeed wrapped around by My love and, more than all present details, you are My concern.

*Allow Me to cherish you; allow Me to heal you.*

Do not work against My healing by your striving or by *inviting* strain.

Everything shot through by My love. That is the way of true healing.

**I am the Lord who heals you**

(Exodus 15:26)

*M*y child, *allowing* My protection ... *allowing*  
My working.

My power on your behalf always means the *least*  
effort of yours – especially effort involving  
reliance upon your purely human wisdom.

Yes, it is My love's power exerted upon you ...

healing,  
strengthening,  
guiding your steps,  
keeping evil influences at a distance.

My love is truly a mantle around you ... visualise  
it and be completely rested.

**Keep yourselves in the love of God**

(Jude 21)

*M*y child, freedom is won by obedience.

Already you are assisted in treading the way of obedience. Each obedient step carries you further into the realm of freedom. Your steps now become increasingly *effortless*.

Where once there was only the will to please Me and great effort was often needed, you now become conscious of My lifting you.

Yes, the *using* of existing freedom means even greater freedom!

**Where the Spirit of the Lord is,  
there is freedom**

(2 Corinthians 3:17)

*M*y child, never under-estimate how powerful is the sounding of My Name in *any* surroundings, and at any time.

Even whispered, the power is the same, even though you may have to summon up all your strength to utter My Name.

My Name used when, perhaps, all your heart for living has been lost, when you are conscious only of weakness.

My child your frequent use of My Name ...

bringing courage ...

bringing healing of the spirit ...

uniting us more closely!

**There is no other name under heaven  
by which you can be saved**

(Acts 4:12)



*M*y child, the *dissolving* power of my light ...

The divine light allows no intrusions of the world's darkness if you consciously live in it. Therefore, lose no time in holding up in My light those things which threaten your peace.

All fear, all wrong intentions, the imperfections of others ... all to be dissolved in the light of My love!

The light into which you gaze with your heart towards Me is real and lasting. All else is transient and illusory.

**Light has come into the world**

(John 3:19)

**W**hen you 'surprised yourself' by acting out of character in overcoming life's difficulties, it was My presence in you which brought it about. You had been conscious, not of the effort you were making, but of Myself!

Glory is brought to My Name whenever a child of Mine acts against usual inclination and shows great courage or kindness or tranquillity in spite of inward struggles.

Acknowledging your dependency enables Me to strengthen you in the hour of need, in order to surprise both yourself and others.

**By your love, people will know that  
you are My disciples**

(John 13:35)

The only real effort which a Christian upon earth is called upon to make is to keep Me absolutely central to one's existence.

My day-to-day promptings, reminders of My presence, are designed to help you in keeping Me in first place in your heart.

Responding to My promptings will save you from wasteful effort in life's varied fortunes.

If I can establish you on the heavenly road in face of earthly complexities, it is all that matters!

## **The Name which is above every name**

(Philippians 2:9)

*M*y child, never accept anything less than the fact that *all is subject to Me.*

You will need to keep this in your mind whenever you find yourself in circumstances which you believe I brought about, and yet are unable to see the reasons for the place you are at!

Yes, I have to teach My children what it is to be completely thrown back upon Me, conscious only of one's own helplessness, but trusting that I will in some way carry you through that unknown future.

Whenever you are puzzled by the events allowed in your life, what is important is your determination to go into that unknown future *with Me.*

**Able to do immeasurably more than  
we can ask or imagine**

(Ephesians 3:20)

**S**o many of My children have found help by using Me as a *fortress*.

In a storm, people look for a place to shelter, a place where they will be safe.

Because people can behave badly, and because so many things can go wrong, life can sometimes be like a storm. You look for somewhere to hide.

My child, you have such a place ... Me.

Learn to use *My secret place* ... the place of My love. When you are unhappy, when things go terribly wrong (either through your fault, or through someone else's) *just be with Me* ... in My secret place. Think of My arms of love around you. Soon you will feel stronger, and be able to thank Me that whatever upset you cannot do so any more.

**I am with you ... always!**

(Matthew 28:20)

**y**ou will often be tempted to give up following Me. You will feel that it is no use trusting Me. You will feel that you are missing things which others enjoy. My child, this is where so many people have taken a road which leads to nowhere; they have given up trusting Me. Just when they were ready to become really strong and victorious persons, they lost the one Friend who could really help them.

There is a force of evil which wants you to turn away from Me; do not listen to it. I am already doing things for you ... let Me do more!

Tell Me, more strongly than ever before: 'Lord Jesus my whole trust is in You.'

**I must always come first  
among the things you love**

(Exodus 20:4)

*M*y child, what did I do for you on the Cross?

First, you know that I won for you the right to be forgiven ... for wrong things to be swept away forever.

What I also won for you was ... *freedom*. Human beings need special help to be free from things, when they can't help themselves.

By My victory over the powers of evil, I won for you a real freedom. You can be free from evil's influence; you can be free from the things where evil wants to keep you a prisoner ... wrong habits, temptations, dark thoughts, feelings of weakness.

All that you have to do is to *believe* in My victory and use it; thank Me every day that I have set you free to be a new and better person.

**If I set you free, you really are free**

(John 8:36)

*I* have told you that My love is a *power* ... one which made the universe.

I want you to think much about My love, and see it as a powerful *influence* upon you, now.

Thank Me that the influence is making you strong, making you peaceful, making you hopeful, removing all sorts of dangers around you, supplying you with all you need. Thank Me for all that My influence is doing.

My love's influence reaches from heaven to right where you are and *makes a difference* to your life.

**Just go on living in My love**

(John 15:9)



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## Some Tributes

"I commend I Am With You to all persons seeking to  
deepen their spiritual lives" *Cardinal Basil Hume*

"A lovely book of devotions, we use it daily"  
*Dr Donald English, formerly President Methodist Conference*

"A most wonderful book which I keep with me always"  
*Fr Michael Clothier OSB*

"The book has changed my life" *Fr F. Bernard SJ, India*

"Admirable for daily devotions" *Church Times*

"I Am With You is a little gem" *Joyce Huggett*

"It opens a lovely door into God's presence ... reading it  
is a thing of joy" *Bishop John Crowley*

"I was soon head over heels in love with God's words"  
*Inmate in English prison*

"I am reading it for the fifth time slowly ... I don't think  
I will ever put it down" *Reader in Ireland*

"A life-saving guide ... the power is wonderful"  
*Reader in Sussex*

"Your marvellous book has changed my life completely"  
*Letter from Northern Ireland*

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Abide in My Love  
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